



**MEDICATED
PURE A2+ GIR
COW
GHEE**
Cough, Pitta & Vata Tridosha Balance

Our Speciality
**High
Burning &
Melting
Point**



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**Detox
Your Body**

Go Veg Go Green Club Pvt. Ltd.

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Name of Product: Medicinal Ghee (Pure A2+ Gir Cow Ghee) Manufactured by Kamdhenu Seva Sansthan, Gugalia Farm, Nandigram, District Valsad, Gujarat, India 396105.

A2+ Ghee made from A2+ raw milk of Gir Cow is medicinally useful for body detoxification, prepared using Sanatan Ayurvedic and Jain Vedic methods. Gir Cow milk is Amrit, if you consume (use) ghee made from it, then your life becomes disease free.

► **Main Benefits :-**

- Detox: Improves digestion and helps in body detox.
- Digestive Health: Lubricates the digestive system, increases digestion and prevents constipation.
- Nutrients: Increases fat soluble vitamins A, D, E, K.
- Anti-Inflammatory: Reduces inflammation due to the ingredients and herbal extracts in ghee.
- Immunity Support: Strengthens the immune system.
- Tridosha Balancing: Helps balance the tridoshas of Vata, Pitta and Kapha for overall harmony.
- A2+ Ghee is a highly medicinal and vitamin-rich food that when incorporated into your daily routine, can help you reap the benefits of traditional health benefits while meeting modern health needs.
- A2+ Raw Milk Ghee and Milk is a complete food with more vitamins, minerals, amino acids, fatty acids and antimicrobial properties than pasteurized milk. It is also good for people with lactose intolerance, asthma and auto immune and allergy symptoms. Raw milk ghee and milk contain bioavailable calcium, vitamins and iron along with conjugated linoleic acid (CLA) and omega-3 fatty acids that help reduce the risk of heart disease, joint pain and migraines, cancer and diabetes. The minerals in raw milk ghee and milk are bound to proteins such as calcium and iodine, making it easier for the body to absorb them. Beneficial bacteria such as lactobacilli also help in mineral absorption.
- Ghee made from raw milk of Gir cow helps in "detoxing" the body and balancing weight. Also, using A2+ milk with chemical free organic sugar improves the complexion of the skin and increases the glow in the skin.
- When you consume raw ghee and milk of Gir cow, which grazes grass and eats natural herbs, in right quantity, it increases HDL (good cholesterol) and helps in reducing LDL (bad cholesterol) in the blood. Therefore, cholesterol present in Desi cow milk and ghee is considered healthy.

► **Method of intake:** - Up to 20 ML according to age on empty stomach in the morning and 20 ML after 1 hour of dinner / before sleeping at night, with tea, coffee, lukewarm water or lukewarm cow milk.

► **Other health enhancing measures:** - Mix mustard oil 25 ml + coconut oil 25 ml + ghee 50 ml and do the measures given below.

- To improve eye sharpness, apply pure ghee twice a day in the morning and evening.
- Massage after keeping it in the navel for 15 to 20 minutes.
- At night before going to bed, take 2-3 drops in both nostrils and inhale gently.
- Massage the soles of the feet lightly with a vessel made of Kashya.
- In the morning, massage the hair part of the head as per requirement.

Jain Harshad Gugalia (Agyaani)
Visionary Founder and Director
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